



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Seher, Eckhardt

Club: GutsMuths-Rennsteiglauf-Verein Berlin
Number: 153

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 10:26:18

Speed: 9.58 km/h
Running performance: 6:16 min/km

Rank in course/Total: 23 (of 176)

Rank in course/Men: 20 (of 140)

Best time in course: 8:21:21

Rank in category: 3(of 24)

Best time in the category: 9:30:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:23:24	5:59	3	5:31	24	20:04	23.96	2:23:24	5:59	22			24
Floh-Seligenthal	26.92	2:41:11	5:59	3	13:12	27	35:15	50.88	5:04:35	5:59	22			24
Finsterbergen	24.12	2:35:52	6:27	2	17:37	13	29:42	75.00	7:40:27	6:08	22		20	1:25:01
Fröttstädt	25.00	2:45:51	6:38	5	19:30	31	40:26	100.00	10:26:18	6:15	3	55:50	20	2:04:57