



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

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Club: ASK München Süd
Number: 21

Course: 100.00 km
Thüringen Ultra

Category:
Männer M20

Total time: 10:33:18

Speed: 9.47 km/h
Running performance: 6:20 min/km

Rank in course/Total: 27 (of 176)

Rank in course/Men: 23 (of 140)

Best time in course: 8:21:21

Rank in category: 1(of 5)

Best time in the category: 10:33:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:24:26	6:01	2	0:50	27	21:06	23.96	2:24:26	6:01	1	-	27	
Floh-Seligenthal	26.92	2:34:29	5:44	2	1:13	19	28:33	50.88	4:58:55	5:52	1	-	27	
Finsterbergen	24.12	2:42:38	6:44	1	-	30	36:28	75.00	7:41:33	6:09	1	-	23	1:26:07
Fröttstädt	25.00	2:51:45	6:52	1	-	43	46:20	100.00	10:33:18	6:19	1	-	23	2:11:57