



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Lux, Christoph

Club: TG Viktoria Augsburg
Number: 1078

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M30

Total time: 16:36:15

Speed: 9.70 km/h
Running performance: 6:11 min/km

Rank in course/Total: 1 (of 89)

Rank in course/Men: 1 (of 84)

Best time in course: 16:36:15

Rank in category: 1(of 6)

Best time in the category: 16:36:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	4:09:12	5:47	1	-	3	1:13:19	43.00	4:09:12	5:47	7	4:09:12	85	4:09:12
Sondra	28.00	2:58:12	6:21	1	-	2	4:20	71.00	7:07:24	6:01	7	7:07:24	82	7:07:24
Ruhlaer Skihütte	14.00	1:36:40	6:54	1	-	1	-	85.00	8:44:04	6:09	7	8:44:04	74	8:44:04
Brotterode/Kleins:	15.00	1:32:04	6:08	1	-	1	-	100.00	10:16:08	6:09	7	10:16:08	72	10:16:08
Floh-Seligenthal	12.00	59:49	4:59	1	-	1	-	112.00	11:15:57	6:02	7	11:15:57	72	11:15:57
Finsterbergen	23.00	2:43:50	7:07	2	7:41	2	7:41	135.00	13:59:47	6:13	7	13:59:47	72	13:59:47
Fröttstädt	26.00	2:36:28	6:01	1	-	2	4:34	161.00	16:36:15	6:11	1	-	1	-