



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Beetz, Dirk

Club: Team Erdinger
Number: 15

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 10:38:58

Speed: 9.39 km/h
Running performance: 6:23 min/km

Rank in course/Total: 30 (of 176)

Rank in course/Men: 26 (of 140)

Best time in course: 8:21:21

Rank in category: 6(of 39)

Best time in the category: 9:01:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:35:20	6:28	11	14:25	46	32:00	23.96	2:35:20	6:28	27		30	
Floh-Seligenthal	26.92	2:44:02	6:05	6	17:32	29	38:06	50.88	5:19:22	6:16	27		30	
Finsterbergen	24.12	2:39:57	6:37	6	31:39	24	33:47	75.00	7:59:19	6:23	25		26	1:43:53
Fröttstädt	25.00	2:39:39	6:23	4	34:14	21	34:14	100.00	10:38:58	6:23	6	1:37:50	26	2:17:37