



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Wild, Rolf

Club: TV Eckersmühlen  
Number: 61

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 10:39:49

Speed: 9.38 km/h  
Running performance: 6:24 min/km

Rank in course/Total: 31 (of 176)

Rank in course/Men: 27 (of 140)

Best time in course: 8:21:21

Rank in category: 7(of 39)

Best time in the category: 9:01:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:32:56	6:22	8	12:01	39	29:36	23.96	2:32:56	6:22	23		22	
Floh-Seligenthal	26.92	2:44:19	6:06	7	17:49	31	38:23	50.88	5:17:15	6:14	28		31	
Finsterbergen	24.12	2:40:03	6:38	7	31:45	25	33:53	75.00	7:57:18	6:21	26		27	1:41:52
Fröttstädt	25.00	2:42:31	6:30	7	37:06	25	37:06	100.00	10:39:49	6:23	7	1:38:41	27	2:18:28