



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Fiehring, Wolfgang

Club: LT Haunetal
Number: 117

Course: 100.00 km
Thüringen Ultra

Category:
Männer M55

Total time: 10:44:52

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 32 (of 176)

Rank in course/Men: 28 (of 140)

Best time in course: 8:21:21

Rank in category: 1(of 14)

Best time in the category: 10:44:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:31:19	6:18	1	-	34	27:59	23.96	2:31:19	6:18	2	-	32	
Floh-Seligenthal	26.92	2:45:57	6:09	1	-	34	40:01	50.88	5:17:16	6:14	2	-	32	
Finsterbergen	24.12	2:40:07	6:38	1	-	26	33:57	75.00	7:57:23	6:21	1	-	28	1:41:57
Fröttstädt	25.00	2:47:29	6:41	2	5:18	38	42:04	100.00	10:44:52	6:26	1	-	28	2:23:31