



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Scheler, Raimond

Club: SV Mihla  
Number: 96

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 10:56:32

Speed: 9.14 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 37 (of 176)

Rank in course/Men: 33 (of 140)

Best time in course: 8:21:21

Rank in category: 8(of 39)

Best time in the category: 9:01:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:43:17	6:48	17	22:22	64	39:57	23.96	2:43:17	6:48	29		37	2:43
Floh-Seligenthal	26.92	2:44:45	6:07	8	18:15	32	38:49	50.88	5:28:02	6:26	29		37	
Finsterbergen	24.12	2:39:20	6:36	5	31:02	19	33:10	75.00	8:07:22	6:29	27		33	1:51:56
Fröttstädt	25.00	2:49:10	6:46	12	43:45	40	43:45	100.00	10:56:32	6:33	8	1:55:24	33	2:35:11