



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Ehrlich, Volker

Club: SC Impuls Erfurt
Number: 99

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 10:57:05

Speed: 9.13 km/h
Running performance: 6:34 min/km

Rank in course/Total: 38 (of 176)

Rank in course/Men: 34 (of 140)

Best time in course: 8:21:21

Rank in category: 4(of 24)

Best time in the category: 9:30:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:34:38	6:27	8	16:45	44	31:18	23.96	2:34:38	6:27	21	7:09	38	
Floh-Seligenthal	26.92	2:45:22	6:08	4	17:23	33	39:26	50.88	5:20:00	6:17	21		38	
Finsterbergen	24.12	2:50:09	7:03	5	31:54	37	43:59	75.00	8:10:09	6:32	21		34	1:54:43
Fröttstädt	25.00	2:46:56	6:40	6	20:35	36	41:31	100.00	10:57:05	6:34	4	1:26:37	34	2:35:44