



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Fischer, Bärbel

Club: RLT Rodgau  
Number: 86

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W45

Total time: 11:09:50

Speed: 8.96 km/h  
Running performance: 6:42 min/km

Rank in course/Total: 44 (of 176)

Rank in course/Women: 5 (of 36)

Best time in course: 9:26:20

Rank in category: 2(of 9)

Best time in the category: 10:13:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Ruhlaer Skihütte	23.96	2:28:46	6:12	2	3:32	6	7:40	23.96	2:28:46	6:12	2	3:32	23		
Floh-Seligenthal	26.92	2:46:25	6:10	2	12:33	6	19:22	50.88	5:15:11	6:11	2	16:05	23		
Finsterbergen	24.12	2:53:55	7:12	2	19:03	5	37:00	75.00	8:09:06	6:31	2	35:08	22		
Fröttstädt	25.00	3:00:44	7:13	4	21:15	10	39:51	100.00	11:09:50	6:41	2	56:23	5	1:43:30	