



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

**Braun, Markus**

Club: TV Eckersmühlen  
Number: 62

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M35

Total time: 11:11:29

Speed: 8.94 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 47 (of 176)

Rank in course/Men: 42 (of 140)

Best time in course: 8:21:21

Rank in category: 4(of 15)

Best time in the category: 8:32:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:36:02	6:30	7	32:41	47	32:42	23.96	2:36:02	6:30	4	32:41	46	
Floh-Seligenthal	26.92	2:50:11	6:19	6	43:49	45	44:15	50.88	5:26:13	6:24	4	1:16:30	46	
Finsterbergen	24.12	2:51:39	7:06	4	43:09	41	45:29	75.00	8:17:52	6:38	4	1:59:39	42	2:02:26
Fröttstädt	25.00	2:53:37	6:56	4	39:39	48	48:12	100.00	11:11:29	6:42	4	2:39:18	42	2:50:08