



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Wiedemuth, Thomas

Club: SSF - Ultra Team  
Number: 123

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 11:13:12

Speed: 8.91 km/h  
Running performance: 6:44 min/km

Rank in course/Total: 48 (of 176)

Rank in course/Men: 43 (of 140)

Best time in course: 8:21:21

Rank in category: 13(of 21)

Best time in the category: 8:21:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:48:51	7:02	17	45:31	83	45:31	23.96	2:48:51	7:02	10	5:39	47	8:17
Floh-Seligenthal	26.92	2:51:24	6:22	11	45:28	47	45:28	50.88	5:40:15	6:41	10		47	
Finsterbergen	24.12	2:49:33	7:01	11	43:23	36	43:23	75.00	8:29:48	6:47	10	9:23	43	2:14:22
Fröttstädt	25.00	2:43:24	6:32	9	37:29	26	37:59	100.00	11:13:12	6:43	13	2:51:51	43	2:51:51