



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Muhs, Matthias

Club: TV - Fürstenwalde
Number: 128

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 11:16:31

Speed: 8.87 km/h
Running performance: 6:46 min/km

Rank in course/Total: 49 (of 176)

Rank in course/Men: 44 (of 140)

Best time in course: 8:21:21

Rank in category: 12(of 39)

Best time in the category: 9:01:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:25:01	6:03	4	4:06	28	21:41	23.96	2:25:01	6:03	33		48	
Floh-Seligenthal	26.92	2:48:43	6:16	11	22:13	42	42:47	50.88	5:13:44	6:09	33		48	
Finsterbergen	24.12	3:00:59	7:30	18	52:41	62	54:49	75.00	8:14:43	6:35	31		44	1:59:17
Fröttstädt	25.00	3:01:48	7:16	16	56:23	57	56:23	100.00	11:16:31	6:45	12	2:15:23	44	2:55:10