



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Nützel, Johannes

Club: Das Erlebnislaf Team
Number: 1110

Course: 100.00 km
Thüringen ULTRA - 100 km Extra

Category:
Männer

Total time: 16:11:24

Speed: 6.18 km/h
Running performance: 9:43 min/km

Rank in course/Total: 15 (of 21)

Rank in course/Men: 15 (of 21)

Best time in course: 11:52:52

Rank in category: 15(of 21)

Best time in the category: 11:52:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	5:53:27	8:13	14	1:40:52	14	1:40:52	43.00	5:53:27	8:13	22	5:53:27	22	5:53:27
Sondra	28.00	4:58:58	10:40	15	1:30:38	15	1:30:38	71.00	10:52:25	9:11	22	10:52:25	22	10:52:25
Ruhlaer Skihütte	14.00	2:46:24	11:53	17	45:07	17	45:07	85.00	13:38:49	9:37	22	13:38:49	22	13:38:49
Fröttstädt	15.00	2:32:35	10:10	10	33:48	10	33:48	100.00	16:11:24	9:42	15	4:18:32	15	4:18:32