



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Rohwedder, Karl

Club: TSV Eintracht Völkenrode  
Number: 165

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M55

Total time: 11:24:45

Speed: 8.76 km/h  
Running performance: 6:51 min/km

Rank in course/Total: 55 (of 176)

Rank in course/Men: 50 (of 140)

Best time in course: 8:21:21

Rank in category: 3(of 14)

Best time in the category: 10:44:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:44:27	6:51	6	13:08	66	41:07	23.96	2:44:27	6:51	4	3:53	54	3:53
Floh-Seligenthal	26.92	3:01:05	6:43	4	15:08	72	55:09	50.88	5:45:32	6:47	4		54	
Finsterbergen	24.12	2:57:02	7:20	4	16:55	51	50:52	75.00	8:42:34	6:58	3	45:11	50	2:27:08
Fröttstädt	25.00	2:42:11	6:29	1	-	24	36:46	100.00	11:24:45	6:50	3	39:53	50	3:03:24