



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

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Club: TV Borken  
Number: 1054

Course: 161.00 km  
Thüringen ULTRA - 100 Meilen

Category:  
Männer M50

Total time: 18:27:36

Speed: 8.72 km/h  
Running performance: 6:53 min/km

Rank in course/Total: 6 (of 89)

Rank in course/Men: 6 (of 84)

Best time in course: 16:36:15

Rank in category: 1(of 23)

Best time in the category: 18:27:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	4:21:39	6:05	1	-	8	1:25:46	43.00	4:21:39	6:05	24	4:21:39	85	4:21:39
Sondra	28.00	3:12:04	6:51	1	-	5	18:12	71.00	7:33:43	6:23	24	7:33:43	82	7:33:43
Ruhlaer Skihütte	14.00	1:52:29	8:02	1	-	6	15:49	85.00	9:26:12	6:39	24	9:26:12	74	9:26:12
Brotterode/Kleins:	15.00	1:45:19	7:01	1	-	6	13:15	100.00	11:11:31	6:42	23	11:11:31	72	11:11:31
Floh-Seligenthal	12.00	1:14:25	6:12	3	6:30	9	14:36	112.00	12:25:56	6:39	23	12:25:56	72	12:25:56
Finsterbergen	23.00	3:02:21	7:55	1	-	6	26:12	135.00	15:28:17	6:52	23	15:28:17	72	15:28:17
Fröttstädt	26.00	2:59:19	6:53	2	2:34	7	27:25	161.00	18:27:36	6:52	1	-	6	1:51:21