



5. Thüringen ULTRA  
Fröttstädt / 02.07.2011

Detailed evaluation

Tonnados

Number: 4003

Course: 100.00 km

Staffel 4x25 km

Category:

Mixstaffel

Total time: 9:16:51

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course: 11 (of 23)

Best time in course: 7:43:36

Rank in category: 3(of 8)

Best time in the category: 8:40:46

Intermediate times

Stage score

Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind | Pos   | Behind | Total  | Total   | Total  | Pos  | Behind | Pos   | Behind  |
|------------------|-------|---------|--------|------|--------|-------|--------|--------|---------|--------|------|--------|-------|---------|
|                  | km    | Time    | min/km | Cat. | Cat.   | Total | Total  | km     | Time    | min/km | Cat. | Cat.   | Total | Total   |
| Ruhlaer Skihütte | 23.96 | 2:20:11 | 5:51   | 4    | 15:30  | 13    | 33:45  | 23.96  | 2:20:11 | 5:51   | 3    | 15:30  | 14    |         |
| Floh-Seligenthal | 26.92 | 2:31:51 | 5:38   | 2    | 18:08  | 14    | 32:46  | 50.88  | 4:52:02 | 5:44   | 3    | 33:38  | 14    | 1:08    |
| Finsterbergen    | 24.12 | 2:05:51 | 5:13   | 3    | 4:01   | 8     | 17:53  | 75.00  | 6:57:53 | 5:34   | 3    | 37:39  | 14    |         |
| Fröttstädt       | 25.00 | 2:18:58 | 5:33   | 2    | 5:25   | 11    | 40:40  | 100.00 | 9:16:51 | 5:34   | 3    | 36:05  | 11    | 1:33:15 |