



5. Thüringen ULTRA  
Fröttstädt / 02.07.2011

Detailed evaluation

De 4 Van de Heen

Number: 4007

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 9:19:58

Speed: 10.71 km/h

Running performance: 5:36 min/km

Rank in course: 12 (of 23)

Best time in course: 7:43:36

Rank in category: 9(of 13)

Best time in the category: 7:43:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:21:54	5:55	10	35:28	14	35:28	23.96	2:21:54	5:55	9	35:28	1	-
Floh-Seligenthal	26.92	2:29:00	5:32	11	29:55	12	29:55	50.88	4:50:54	5:43	9	1:05:23	1	-
Finsterbergen	24.12	2:13:27	5:31	7	25:29	10	25:29	75.00	7:04:21	5:39	9	1:26:12	1	-
Fröttstädt	25.00	2:15:37	5:25	7	37:19	9	37:19	100.00	9:19:58	5:35	9	1:36:22	12	1:36:22