



5. Thüringen ULTRA
Fröttstädt / 02.07.2011

Detailed evaluation

TU Runner- SV Mihla1.2

Number: 4006

Course: 100.00 km

Staffel 4x25 km

Category:

Frauenstaffel

Total time: 9:24:49

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course: 14 (of 23)

Best time in course: 7:43:36

Rank in category: 1(of 2)

Best time in the category: 9:24:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:28:50	6:12	2	6:50	17	42:24	23.96	2:28:50	6:12	1	-	11	6:56
Floh-Seligenthal	26.92	2:29:57	5:34	1	-	13	30:52	50.88	4:58:47	5:52	1	-	11	7:53
Finsterbergen	24.12	2:26:37	6:04	1	-	17	38:39	75.00	7:25:24	5:56	1	-	11	21:03
Fröttstädt	25.00	1:59:25	4:46	1	-	4	21:07	100.00	9:24:49	5:38	1	-	14	1:41:13