



5. Thüringen ULTRA  
Fröttstädt / 02.07.2011

Detailed evaluation

LG Rennsteig - Handballer

Number: 4010

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 9:42:54

Speed: 10.29 km/h

Running performance: 5:50 min/km

Rank in course: 16 (of 23)

Best time in course: 7:43:36

Rank in category: 11(of 13)

Best time in the category: 7:43:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:38:56	6:37	12	52:30	21	52:30	23.96	2:38:56	6:37	11	52:30	9	17:02
Floh-Seligenthal	26.92	2:31:53	5:38	12	32:48	15	32:48	50.88	5:10:49	6:06	11	1:25:18	9	19:55
Finsterbergen	24.12	2:04:13	5:08	5	16:15	7	16:15	75.00	7:15:02	5:48	11	1:36:53	9	10:41
Fröttstädt	25.00	2:27:52	5:54	12	49:34	16	49:34	100.00	9:42:54	5:49	11	1:59:18	16	1:59:18