



5. Thüringen ULTRA
Fröttstädt / 02.07.2011

Detailed evaluation

RennsteigSpirit

Number: 4004

Course: 100.00 km

Staffel 4x25 km

Category:

Mixstaffel

Total time: 9:58:04

Speed: 10.03 km/h

Running performance: 5:59 min/km

Rank in course: 18 (of 23)

Best time in course: 7:43:36

Rank in category: 5(of 8)

Best time in the category: 8:40:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:20:00	5:50	3	15:19	12	33:34	23.96	2:20:00	5:50	5	15:19	7	
Floh-Seligenthal	26.92	2:49:00	6:16	6	35:17	21	49:55	50.88	5:09:00	6:04	5	50:36	7	18:06
Finsterbergen	24.12	2:16:00	5:38	4	14:10	12	28:02	75.00	7:25:00	5:56	5	1:04:46	7	20:39
Fröttstädt	25.00	2:33:04	6:07	5	19:31	19	54:46	100.00	9:58:04	5:58	5	1:17:18	18	2:14:28