



5. Thüringen ULTRA
Fröttstädt / 02.07.2011

Detailed evaluation

Lenz4Fun

Total time: 10:13:33

Number: 4016

Speed: 9.78 km/h

Running performance: 6:08 min/km

Course: 100.00 km

Staffel 4x25 km

Rank in course: 19 (of 23)

Best time in course: 7:43:36

Category:

Rank in category: 13(of 13)

Männerstaffel

Best time in the category: 7:43:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:27:20	6:08	11	40:54	16	40:54	23.96	2:27:20	6:08	13	40:54	6	5:26
Floh-Seligenthal	26.92	2:47:42	6:13	13	48:37	20	48:37	50.88	5:15:02	6:11	13	1:29:31	6	24:08
Finsterbergen	24.12	2:40:30	6:39	13	52:32	21	52:32	75.00	7:55:32	6:20	13	2:17:23	6	51:11
Fröttstädt	25.00	2:18:01	5:31	8	39:43	10	39:43	100.00	10:13:33	6:08	13	2:29:57	19	2:29:57