



5. Thüringen ULTRA
Fröttstädt / 02.07.2011

Detailed evaluation

Wartburg-Sparkasse

Number: 4025

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 7:54:57

Speed: 12.63 km/h

Running performance: 4:45 min/km

Rank in course: 3 (of 23)

Best time in course: 7:43:36

Rank in category: 3(of 13)

Best time in the category: 7:43:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	1:47:26	4:29	2	1:00	2	1:00	23.96	1:47:26	4:29	3	1:00	22	
Floh-Seligenthal	26.92	2:14:03	4:58	7	14:58	8	14:58	50.88	4:01:29	4:44	3	15:58	22	
Finsterbergen	24.12	1:54:51	4:45	3	6:53	3	6:53	75.00	5:56:20	4:45	3	18:11	22	
Fröttstädt	25.00	1:58:37	4:44	3	20:19	3	20:19	100.00	7:54:57	4:44	3	11:21	3	11:21