



5. Thüringen ULTRA
Fröttstädt / 02.07.2011

Detailed evaluation

LG Friedrichroda Herren

Number: 4009

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:00:23

Speed: 12.49 km/h

Running performance: 4:48 min/km

Rank in course: 4 (of 23)

Best time in course: 7:43:36

Rank in category: 4(of 13)

Best time in the category: 7:43:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:03:37	5:09	4	17:11	4	17:11	23.96	2:03:37	5:09	4	17:11	21	
Floh-Seligenthal	26.92	2:08:11	4:45	6	9:06	6	9:06	50.88	4:11:48	4:56	4	26:17	21	
Finsterbergen	24.12	2:03:51	5:08	4	15:53	6	15:53	75.00	6:15:39	5:00	4	37:30	21	
Fröttstädt	25.00	1:44:44	4:11	2	6:26	2	6:26	100.00	8:00:23	4:48	4	16:47	4	16:47