



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Henkel, Hugo

Club: LSF-Unna-2000

Number: 1180

Course: 10.00 km

Nordic Walking

Total time: 1:10:02

Speed: 8.57 km/h

metres in height up: 135

Course score: 12.03

performance score: 103 Points