



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Kaiser, Dieter

Club: Lauffreunde Bönen

Number: 1083

Course: 10.00 km

Nordic Walking

Total time: 1:12:45

Speed: 8.25 km/h

metres in height up: 135

Course score: 12.03

performance score: 99 Points