



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Sieger, Heike

Club: Jammern Nützt Nichts

Number: 1079

Course: 10.00 km

Nordic Walking

Total time: 1:29:07

Speed: 6.73 km/h

metres in height up: 135

Course score: 12.03

performance score: 81 Points