



## 9. Unnaer Walking Day

Unna / 03.07.2011

### Detailed evaluation

**Sapsford, Donald**

Club: Viermärker Dortmund

Number: 181

Course: 15.00 km

Walking

Total time: 1:46:36

Speed: 8.44 km/h

metres in height up: 208

Course score: 18.12

performance score: 153 Points