



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Gördes, Torsten

Club: BSG DSW21/DEW21

Number: 156

Course: 15.00 km

Nordic Walking

Total time: 1:41:41

Speed: 8.85 km/h

metres in height up: 208

Course score: 18.12

performance score: 160 Points