



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Groll, Frank

Club: WT-Soest

Number: 158

Course: 15.00 km

Nordic Walking

Total time: 1:41:58

Speed: 8.83 km/h

metres in height up: 208

Course score: 18.12

performance score: 160 Points