



## 9. Unnaer Walking Day

Unna / 03.07.2011

### Detailed evaluation

**Kose, Rüdiger**

Club: Ski Club Schwerte

Number: 168

Course: 15.00 km

Nordic Walking

Total time: 1:47:13

Speed: 8.39 km/h

metres in height up: 208

Course score: 18.12

performance score: 152 Points