



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Lange, Uwe-Dieter

Club: BSG DSW21/DEW21

Number: 177

Course: 15.00 km

Nordic Walking

Total time: 2:37:51

Speed: 5.70 km/h

metres in height up: 208

Course score: 18.12

performance score: 103 Points