



## 9. Unnaer Walking Day

Unna / 03.07.2011

### Detailed evaluation

Hohenwald, Alexandra

Club: Post SV Unna

Number: 572

Course: 5.00 km

Nordic Walking

Total time: 42:32

Speed: 7.05 km/h

metres in height up: 72

Course score: 6.08

performance score: 43 Points