



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Paulus, Silke

Club: Castrop-Rauxel

Number: 622

Course: 5.00 km

Nordic Walking

Total time: 44:06

Speed: 6.80 km/h

metres in height up: 72

Course score: 6.08

performance score: 41 Points