



## 9. Unnaer Walking Day

Unna / 03.07.2011

### Detailed evaluation

Lange, Friedhelm

Club: TLV Rünthe

Number: 527

Course: 5.00 km

Nordic Walking

Total time: 49:44

Speed: 6.03 km/h

metres in height up: 72

Course score: 6.08

performance score: 37 Points