



## 9. Unnaer Walking Day

Unna / 03.07.2011

### Detailed evaluation

**Heinze, Ralf**

Club: Siekingsmühle SV

Number: 1057

Course: 10.00 km

Nordic Walking

Total time: 1:06:41

Speed: 9.00 km/h

metres in height up: 135

Course score: 12.03

performance score: 108 Points