



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Kochskämper, Siegfried

Club: TV Beckum

Number: 1181

Course: 10.00 km

Nordic Walking

Total time: 1:07:50

Speed: 8.85 km/h

metres in height up: 135

Course score: 12.03

performance score: 106 Points