



# 13. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 03.07.2011

## Detailed evaluation

**Flak, Uwe**

Club: Holenberg

Number: 406

Course: 50.50 km

Mitteldistanz

Category:

Männer 40 bis 49 Jahre

Total time: 3:04:42

Speed: 16.40 km/h

Rank in course/Total: 123 (of 187)

Rank in course/Men: 122 (of 172)

Best time in course: 1:59:38

Rank in category: 48(of 70)

Best time in the category: 2:10:49

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |               |             |                |            |               |
|-----------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
|                 |             |               |               |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 27.50       | 1:48:24       | 15.22         | 50          | 30:57          | 125         | 38:04         | 27.50         | 1:48:24       | 15.22         | 6           | 1:51           | 121        | 38:01         |
| Last lap Finish | 23.00       | 1:16:18       | 18.09         | 49          | 39:57          | 121         | 39:57         | 50.50         | 3:04:42       | 16.40         | 49          | 2:28:21        | 123        | 2:28:21       |