



13. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 03.07.2011

Detailed evaluation

Köhler, Ira

Club: Emmerthal

Number: 181

Course: 50.50 km

Mitteldistanz

Category:

Frauen 40 bis 49 Jahre

Total time: 3:19:00

Speed: 15.08 km/h

Rank in course/Total: 155 (of 187)

Rank in course/Women: 8 (of 15)

Best time in course: 2:36:42

Rank in category: 3(of 6)

Best time in the category: 3:05:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind			
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women		
Lap 1	27.50	1:55:39	14.01	3		11:44	6	23:06	27.50	1:55:39	14.01	3		5:53	8	23:06
Last lap Finish	23.00	1:23:21	16.56	3		7:55	9	47:08	50.50	3:19:00	15.08	3		13:48	9	2:42:47