



13. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 03.07.2011

Detailed evaluation

Rongen, Mark

Club: xtrail factory team

Number: 16

Course: 101.00 km

Langdistanz

Category:

Männer 40 bis 49 Jahre

Total time: 4:25:59

Speed: 22.78 km/h

Rank in course/Total: 9 (of 99)

Rank in course/Men: 9 (of 96)

Best time in course: 3:59:13

Rank in category: 2(of 41)

Best time in the category: 4:08:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total | | Total | | Total | | Total | |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|--------|---------|-------|-------------|----------------|------------|---------------|---------|
| | | | | | | | | km | Time | km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 27.50 | 1:15:33 | 21.44 | 2 | 4:09 | 11 | 7:11 | 27.50 | 1:15:33 | 21.44 | 25 | | | | 62 |
| Lap 2 | 23.50 | 54:48 | 25.18 | 2 | 2:16 | 13 | 5:33 | 51.00 | 2:10:21 | 23.48 | 22 | | | | 62 |
| Lap 3 | 27.00 | 1:18:32 | 20.63 | 2 | 5:20 | 9 | 9:22 | 78.00 | 3:28:53 | 22.40 | 22 | | | | 62 |
| Last lap Finish | 23.00 | 57:06 | 24.17 | 3 | 5:50 | 14 | 30:39 | 101.00 | 4:25:59 | 22.78 | 4 | 1:49:12 | 13 | | 2:49:23 |