



13. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 03.07.2011

Detailed evaluation

Köhler, Roland

Club: RC Endspurt Herford

Number: 137

Course: 101.00 km

Langdistanz

Category:

Männer 40 bis 49 Jahre

Total time: 5:59:36

Speed: 16.85 km/h

Rank in course/Total: 84 (of 99)

Rank in course/Men: 82 (of 96)

Best time in course: 3:59:13

Rank in category: 34(of 41)

Best time in the category: 4:08:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	27.50	1:35:16	17.00	26	23:52	68	26:54	27.50	1:35:16	17.00	16			36	5:31
Lap 2	23.50	1:07:45	20.37	27	15:13	71	18:30	51.00	2:43:01	18.77	15			36	12:27
Lap 3	27.00	1:56:56	13.85	38	43:44	88	47:46	78.00	4:39:57	16.72	15	7:39		35	33:44
Last lap Finish	23.00	1:19:39	17.33	38	28:23	90	53:12	101.00	5:59:36	16.85	36	3:22:49		86	4:23:00