



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Brauhaus Team Friedrichroda

Total time: 2:02:45

Number: 1

Speed: 14.18 km/h

Running performance: 4:11 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 44 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 15(of 15)

Staffel Cross - Firmenstaffel

Best time in the category: 1:24:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	10:11	25:27	13	2:24	38	3:16	0.40	10:11	25:27	1	-	38	2:08
Rad	23.00	1:11:40	3:06	14	22:59	40	25:37	23.40	1:21:51	3:29	1	-	49	1:06
Lauf	6.00	40:54	6:48	14	13:06	47	17:51	29.40	2:02:45	4:10	15	37:46	44	43:34