



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Team Biathlon beim Triathlon

Total time: 1:30:13

Number: 85

Speed: 19.29 km/h

Running performance: 3:04 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 4 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 1(of 7)

Staffel Cross - Familienstaffel

Best time in the category: 1:30:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	9:25	23:32	5	2:15	26	2:30	0.40	9:25	23:32	8	1:17	49	1:22
Rad	23.00	53:46	2:20	2	1:33	7	7:43	23.40	1:03:11	2:42	8		49	
Lauf	6.00	27:02	4:30	2	2:32	6	3:59	29.40	1:30:13	3:04	1	-	4	11:02