



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Dynamo Stolperstein

Total time: 1:42:00

Number: 47

Speed: 17.06 km/h

Running performance: 3:28 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 23 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 7(of 7)

Staffel Cross - Familienstaffel

Best time in the category: 1:30:13

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|--------|-------|--------|-------|---------|--------|------|--------|-------|--------|
| | km | Time | min/km | Cat. | Cat. | Total | Total | km | Time | min/km | Cat. | Cat. | Total | Total |
| Schwimmen | 0.40 | 8:39 | 21:37 | 4 | 1:29 | 20 | 1:44 | 0.40 | 8:39 | 21:37 | 8 | 0:31 | 49 | 0:36 |
| Rad | 23.00 | 1:01:53 | 2:41 | 7 | 9:40 | 25 | 15:50 | 23.40 | 1:10:32 | 3:00 | 8 | 1:42 | 49 | |
| Lauf | 6.00 | 31:28 | 5:14 | 6 | 6:58 | 26 | 8:25 | 29.40 | 1:42:00 | 3:28 | 7 | 11:47 | 23 | 22:49 |