



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Montageteam Eberhardt

Total time: 1:39:15

Number: 69

Speed: 17.53 km/h

Running performance: 3:23 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 18 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 7(of 15)

Staffel Cross - Firmenstaffel

Best time in the category: 1:24:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	10:06	25:14	12	2:19	37	3:11	0.40	10:06	25:14	16		49	2:03
Rad	23.00	57:20	2:29	7	8:39	13	11:17	23.40	1:07:26	2:52	16		49	
Lauf	6.00	31:49	5:18	10	4:01	29	8:46	29.40	1:39:15	3:22	7	14:16	18	20:04