



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

widder-vermessung.de

Number: 66

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Category:

Staffel Cross - Firmenstaffel

Total time: 1:42:48

Speed: 16.93 km/h

Running performance: 3:30 min/km

Rank in course: 24 (of 48)

Best time in course: 1:19:11

Rank in category: 9(of 15)

Best time in the category: 1:24:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	9:38	24:04	8	1:51	28	2:43	0.40	9:38	24:04	16		49	1:35
Rad	23.00	51:14	2:13	3	2:33	4	5:11	23.40	1:00:52	2:36	16		49	
Lauf	6.00	41:56	6:59	15	14:08	48	18:53	29.40	1:42:48	3:29	9	17:49	24	23:37