



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Stadtwerke-Gotha-Team

Total time: 1:45:44

Number: 56

Speed: 16.68 km/h

Running performance: 3:36 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 25 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 10(of 15)

Staffel Cross - Firmenstaffel

Best time in the category: 1:24:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	7:56	19:49	3	0:09	11	1:01	0.40	7:56	19:49	16			49
Rad	23.00	1:03:03	2:44	11	14:22	27	17:00	23.40	1:10:59	3:02	16			49
Lauf	6.00	34:45	5:47	13	6:57	36	11:42	29.40	1:45:44	3:35	10	20:45	25	26:33