



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

AS Team

Total time: 1:39:31

Number: 80

Speed: 17.48 km/h

Running performance: 3:23 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 20 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 7(of 20)

Staffel Cross

Best time in the category: 1:19:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	8:45	21:52	9	1:50	21	1:50	0.40	8:45	21:52	21		49	0:42
Rad	23.00	59:23	2:34	5	13:20	18	13:20	23.40	1:08:08	2:54	21		49	
Lauf	6.00	31:23	5:13	12	8:20	25	8:20	29.40	1:39:31	3:23	7	20:20	20	20:20