



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Schmitz Cargobull Gotha (SGO)

Total time: 1:31:59

Number: 45

Speed: 19.18 km/h

Running performance: 3:08 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 7 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 4(of 15)

Staffel Cross - Firmenstaffel

Best time in the category: 1:24:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	8:31	21:17	5	0:44	16	1:36	0.40	8:31	21:17	16		49	0:28
Rad	23.00	55:40	2:25	6	6:59	11	9:37	23.40	1:04:11	2:44	16		49	
Lauf	6.00	27:48	4:38	1	-	8	4:45	29.40	1:31:59	3:07	4	7:00	7	12:48