



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Offroad Team Remstädt

Total time: 1:35:47

Number: 44

Speed: 18.42 km/h

Running performance: 3:16 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 14 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 6(of 15)

Staffel Cross - Firmenstaffel

Best time in the category: 1:24:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Total	Behind Total
								km	Time	min/km	Pos	Behind	Pos				
Schwimmen	0.40	9:55	24:47	11	2:08	34	3:00	0.40	9:55	24:47	16					49	1:52
Rad	23.00	58:00	2:31	8	9:19	14	11:57	23.40	1:07:55	2:54	16					49	
Lauf	6.00	27:52	4:38	2	0:04	9	4:49	29.40	1:35:47	3:15	6	10:48			14	16:36	