



10. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Offroad Team Remstädt

Total time: 1:35:47

Number: 44

Speed: 18.17 km/h

Running performance: 3:16 min/km

Course: 29.40 km

Staffel-Cross Triathlon (0,4/23/6 km)

Rank in course: 14 (of 48)

Best time in course: 1:19:11

Category:

Rank in category: 6(of 15)

Staffel Cross - Firmenstaffel

Best time in the category: 1:24:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	9:55	24:47	11	2:08	34	3:00	0.40	9:55	24:47	16		49	1:52
Rad	23.00	58:00	2:31	8	9:19	14	11:57	23.40	1:07:55	2:54	16		49	
Lauf	6.00	27:52	4:38	2	0:04	9	4:49	29.40	1:35:47	3:15	6	10:48	14	16:36