



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Team Schelter Ohrdruf

Total time: 2:33:28

Number: 480

Speed: 15.64 km/h

Running performance: 3:46 min/km

Course: 40.80 km

Staffel XTERRA Thüringen (0,8/30/10 km)

Rank in course: 2 (of 10)

Best time in course: 2:27:09

Category:

Rank in category: 2(of 10)

Staffel XTERRA

Best time in the category: 2:27:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Total ranking				
											Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen	0.80	11:24	14:15	1	-	1	-	0.80	11:24	14:15	11			11	
Rad	30.00	1:34:35	3:09	5	11:13	5	11:13	30.80	1:45:59	3:26	11			11	
Lauf	10.00	47:29	4:44	5	10:07	5	10:07	40.80	2:33:28	3:45	2	6:19	2	6:19	